

Track City Track Club Philosophy and Policy Statement

1. Purpose

Track City Track Club is an organization committed to the development of age group cross country, track and field. Promoting diversity of representation, at all levels of participation in Track City activities without consideration of sex, race, creed or national origin.

2. Goals

A. To motivate every athlete to achieve their highest potential and develop a positive self-image.

Policy:

- provide competitive opportunities for all athletes
- implement technically correct training programs for each age group
- stress conservative coaching to avoid risk of physical and mental damage

B. To provide technical knowledge of cross country, track and field

Policy:

- employ well qualified, caring coaches (in the areas of sprints, jumps, weights and distance) emphasizing techniques, form and fun

C. To provide a positive experience for all members

Policy:

- develop an awards program that recognizes achievements and efforts at all levels
- develop parental support and interest in athletes by involving parents in the running of the club, meets, and activities

D. To provide a team-oriented organization which promotes the development of friendship, support and encouragement and pride in Track City Track Club

Policy:

- provide positive leadership, behavior and actions by parents and coaches

E. To make a positive contribution to our community

Policy:

- promote and produce the Track City International Classic
- provide our community with self motivated and disciplined positive young citizens