



Throws: Austin Tharp

Austin is a Eugene local. He went to Sheldon High School and after four years competing as a varsity thrower was listed as Sheldon's all time best thrower based on his marks in the discus, shot put, and javelin. His last two years at Sheldon Austin began throwing hammer and now throws hammer for the University of Oregon. This past year Austin was 9th in the nation in hammer and javelin. He has coached for Track City for 4 years and has helped develop young athletes of the Eugene/Springfield area. Austin is a great asset to our team, to U of O's team, and to our community.



Head Coach/Hurdles: Kiyah Williams
Kiyah has coached for Track City for 8 years and became the head coach in 2015. She ran for Sheldon high school for 4 years as a varsity hurdler and currently holds the 300m hurdle record at Sheldon. She went on to compete for University of Portland for 3 years and was a member of the distance medley relay team which broke the indoor DMR school record. Kiyah is now a pediatric nurse at Riverbend and has coached hurdles for Sheldon for the last three years. She is passionate about contributing to the development of young athletes in track and field.