

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 T & F 5:30-6:45 Last Ptactice	3	4	5 USATF Reg. 13 JO's Meer Summit HS	6 USATF Reg. 13 JO's Meer Summit HS	7 USATF Reg. 13 JO's Meer Summit HS
8 USATF Reg. 13 JO's Meer Summit HS	9	10	11 All-Commers Meet, LCC 5:00	12 All-Commers Meet, LCC 13 & Older 4:00	13	14
15	16	17	18 All-Commers Meet, LCC 5:00	19 All-Commers Meet, LCC 13 & Older 4:00	20	21
22	23	24	25 All-Commers Meet, LCC 5:00	26 All-Commers Meet, LCC 13 & Older 4:00	27	28
29	30	31				